

<u>Timeline</u>	<u>Topic</u>	<u>Key concepts and knowledge</u>	<u>Skills development</u>	<u>Rationale</u>
<b>Y11 - half term 1</b>	<p>Mental Health</p> <p>Baseline assessment and Pupil Voice</p> <p><b>Lesson 1</b> PSHE topic recap and My Future questionnaire</p> <p><b>Lesson 2</b> What is emotional Health</p> <p><b>Lesson 3</b> Building Resilience</p>	<p><u>Zumos - Welcome!</u></p> <p>Promoting self-esteem and coping with exam stress Learning and revision skills to maximise potential</p> <p>Learn the importance of promoting self-esteem and strategies to cope with exam stress</p> <p>Learn revision skills to maximise potential</p> <p><b>In this lesson we will learn:</b> what emotional health means how emotional health and physical health are linked.</p> <p><b>In this lesson we will learn:</b> that there are a range of coping strategies that can be helpful to understand that everyone experiences difficult times and feelings that resilience is about working through challenging times</p>	<p>Coping skills Resilience</p> <p>Personal wellbeing</p> <p>Relationship skills</p>	<p>Year 11 have already completed lessons on <a href="#">‘what is emotional health’</a> so there should be a need to recover this introductory lesson. If they still need clarification you could deliver the above linked lesson as a recap</p>



<p><b>Y11 – half term 2</b></p>	<p><b>Careers and next Steps into FE/HE</b></p> <p><b>Lesson 1</b> Options at 16+</p> <p><b>Lesson 2</b> Growing careers for positive actions</p> <p><b>Lesson 3</b> Making a difference</p>	<ul style="list-style-type: none"> <li>• A-Levels</li> <li>• Apprenticeships</li> <li>• Vocational Qualifications including T-Levels</li> <li>• Foundation Learning</li> <li>• Work or Voluntary Work</li> </ul> <p>Students <b>will be able to:</b></p> <ul style="list-style-type: none"> <li>• explain how holding and acting in line with intrinsic and extrinsic values can affect wellbeing.</li> <li>• evaluate how a person’s values impact their actions and goals.</li> </ul> <p>Students <b>will be able to:</b></p> <ul style="list-style-type: none"> <li>• explain how and why individuals select organisations to work with that align with their values.</li> </ul> <p>explain how people’s career choices can help make a</p>		<p>Career choice, including both the type of career an individual wishes to pursue and the organisations they choose to work with, is one of many ways they can act upon their values. An individual’s values can also affect their decisions around their relationships and consumer choices.</p>
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	<p><b>Lesson 7</b>                  How to write an effective personal statement</p>	<ul style="list-style-type: none"> <li>• Be familiar with the 12 sub-sectors and the range of different opportunities</li> <li>• Have reflected on what holds people back from entering the creative industries</li> <li>• Discovered the difference between being self-employed and being employed</li> </ul> <p>How to write personal statement for college  <a href="#">Student Room</a>                  How to update their CV</p> <p>Learn to write an effective personal statement                  To understand the college application process                  Understanding the college application process and plans beyond school</p> <p>Explore UCAS/UNI/HE                  Learn to navigate courses via UCAS</p> <p>Learn about the apprenticeships on offer locally and nationally</p>		
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		<p>Apprenticeships                  Signposting to Carr Hill Website</p> <p>One-to-One Careers interviews and guidance with Hayley Arthur (Careers Advisor)</p> <p>College Visits                  Complete college applications                  Speed networking with employers                  Mock interviews with employers</p>		
<p><b>Y11 – half term 3</b></p>	<p><u>Living in a wider world</u>                  Financial Capability</p> <p><b>Lesson 1</b>  <u>Apprenticeships</u></p> <p><b>Lesson2</b>  <u>Student Finance</u></p> <p><b>Lesson 3</b>  <u>Payslips</u></p> <p><b>Lesson 4</b>  <u>Self employment</u></p> <p><b>Lesson 5</b>  <u>Income tax and pensions</u></p>	<p>Moving on from school – The World of Work. <i>What are the big financial decisions I’ll need to make?</i></p> <p>Next Steps after school                  Apprenticeships and employment                  University and student finance</p> <p>Payslips Tax and National Insurance</p> <p>Self-employed                  Income Tax and Pensions</p> <p>Extension work ‘Further Your Knowledge</p>		

	<b>Lesson 6</b> <u>National Apprenticeships Week</u>	<a href="#">Barclays Life Skills for employment and career progression</a>		
<b>Y11 – half term 4</b>	Relationships and Sex Education  Lesson 1 Relationship Abuse          Lesson 2 Consent	<p>Making sense of relationships</p> <p>To learn:                      how to identify relationship abuse                      how to access support</p> <p>Learning outcomes                      Students will be able to:                      explain what is meant by ‘relationship abuse’                      identify the different types of abuse that can affect relationships                      describe ways to get help with relationship abuse</p> <p>Objective                      To learn:                      what we mean by ‘consent’                      how and where to access support with issues around consent</p> <p>Learning outcomes</p>	<p>Personal wellbeing</p> <p>Relationship skills</p>	<p>Supporting students to speak to a trusted adult, and report concerns, is more important than ever, with young people having experienced a range of challenges at home during the recent coronavirus pandemic and resulting lockdown restrictions. These lessons therefore support schools in their recovery approach to this academic year (2022-23).</p>

	<p><b>Lesson 3</b>                  Sharing Sexual Images</p>	<p>Students will be able to:                  explain what is meant by 'consent', and what this means within healthy relationships                  explain some consequences of someone not receiving consent for sexual behaviour within a relationship                  describe how and from where to access support, and how to support a friend who may be experiencing abuse</p> <p>Objective                  To learn:                  the risks associated with sharing sexual images                  ways to manage pressure to share sexual images</p> <p>Learning outcomes                  Students will be able to:                  describe some of the risks in relation to sharing sexual images                  explain the implications, including legal implications, of sending or forwarding sexual images                  explain how and from where to get help if someone I know is being pressured to send or share inappropriate images</p>		
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	<p>Sexual harassment video BBC Teach</p>	<p>My Values</p> <p>I can identify core values and explain how they help someone to make and stick to their decisions</p> <p>I can identify and describe coercive or manipulative attempts to influence someone’s decision making</p> <p>I can explain what it means for an individual and a couple to be ready for sexual intimacy              I can explain or demonstrate how to communicate decisions assertively and confidently</p> <ul style="list-style-type: none"> <li>✔ of forced marriage and identify support for someone who may be at risk</li> </ul> <p>Focus on recognising abuse, where young people can go for help, and overcoming barriers to reporting</p>		
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<b>Y11 – half term 5</b>	<p>Next Steps Living in a Wider World</p> <p>Lesson 1 Transition life after KS4</p> <p>Lesson 2-6</p> <p>Diversity Week Revisit Mental Health and Coping Strategies Exam/Revision</p>	<p>Students will be able to: identify the range of opportunities and challenges young people might encounter as they move to college/sixth form. Explain strategies to help manage these challenges. Analyse sources of support and personal networks of support.</p> <p>The importance of diversity in society</p>		<p>It is important to learn about managing the challenges some young people might face as they move from key stage 4 to the next stage of their lives.</p> <p>Finishing Year 11 can be an exciting experience, but it might also come with some worries</p>