

<u>Timeline</u>	<u>Topic</u>	Key concepts and knowledge	Skills development	<u>Rationale</u>
Sept – Oct	RO33 1.1 Life Stages	Life stages and key milestones of growth and development for age groups. PIES development across the life stages Factors affecting growth and development across the life stages	Research Finding local health and social care services, discussion, debating, justifying, problem solving, independent learning, role play,	We are teaching the mandatory coursework unit first in order of the exam boards scheme of work.
	2.1 Life Events and their impact on Individuals.	Expected and unexpected life events and the impact on individuals	Interpretation of case study information	
Oct – 2 nd week Nov	3.1 Sources of support that meet individual needs	The role of practitioners in providing support and how they meet individual needs Students are introduced to the OCR-set assignment and begin to complete tasks from it. The roles of informal care givers in providing support Research and recommend personalised support based on individual needs. Work on set assignments.		
2 nd week Nov - Christmas	Work on set assignments.	Work on set assignments.		
Jan – Jan 2 nd week	Work on set assignments.	Work on set assignments.		
Jan 2 nd week – Feb half term	R035 1.1 The importance of a healthy society 1.2 Public health challenges for society	Reasons why a healthy society is important Current challenges to public health Organisations promoting public health challenges	Research Finding local health and social care services, discussion, debating, justifying, problem solving, independent learning, role play, Interpretation of case study information	We have chosen the Health Promotion campaigns because there is more source material, its topical and better matches the skill set of the PE staff so therefore delivery will be more effective.



Feb Half Term - Mid March	1.2 Public health challenges for society 1.3 Current health promotion campaigns and their benefits	How negative lifestyles can impact on individuals and society Students will understand the aims of a health campaign. Current public health issue and the impact on society Explain why some individuals might choose unhealthy lifestyle activities.	
Min March - Easter	2.1 Factors influencing health and wellbeing	How negative lifestyles can impact on individuals and society Students will understand the aims of a health campaign. Current public health issue and the impact on society Explain why some individuals might choose unhealthy	
	2.2 Leading a healthy lifestyle	lifestyle activities. Understand factors and barriers that contribute to a healthy lifestyle Students will be able to undertake research.	
	2.3 Barriers to leading a healthy lifestyle	The different methods of presentation to meet campaign audience. Explain their understanding of the OCR-set assignment and the reason for their choice of health promotion campaign	
Easter – July	Students complete campaigns outstanding. Complete evaluations. Review feedback and update and improve work. Work is collected in		