**Year 9 BTEC Sport**

|  | **Topic** | **Key concept – what do I want the students to learn from this unit?** | **What knowledge will they acquire?** |
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| **YEAR 9 OVERVIEW** | | | |
| **Y9 - half term 1**  **Y9 – half term 2** | Unit 2 Practical Sports Performance  Assignment 2  Sports  Coaching  Company | For learning aim B, you will take part in a variety of sports. These may be sports in  which you excel or have a particular interest. You are required to demonstrate the skills, techniques and tactics within each of the sports selected for assessment. | Learning aim B: Practically demonstrate skills, techniques and tactics in  selected sports  Topic B.1 Components of physical fitness  Topic B.2 Technical demands  Topic B.3 Tactical demands  Topic B.4 Safe and appropriate participation  Topic B.5 Relevant skills and techniques  Topic B.6 Relevant tactics  What needs to be learnt  Topic B.7 Effective use of skills and techniques, and the correct application of  each component  Topic B.8 Effective use of skills, techniques and tactics  Topic B.9 Isolated practices  Topic B.10 Conditioned practices  Topic B.11 Competitive situations |
| **Y9 – half term 3**  **Y9 – half term 4** | Unit 2 Practical Sports Performance  Assignment 1  Sports Rules, Regulations and Scoring Systems  Unit 2 Practical Sports Performance  Assignment 1  Sports Rules, Regulations and Scoring Systems | In learning aim A, you will investigate the rules and regulations of a sport and apply the knowledge gained through observing officials in action. You might also decide to take part in national governing body coaching and leadership awards to reinforce and extend your knowledge and qualifications in this area. | Topic A.1 Rules (or laws)  Topic A.2 Regulations  Topic A.3 Scoring systems  Topic A.4 Application of the rules/laws of sports in different situations  Topic A.5 Sports  Topic A.6 Roles of officials  Topic A.7 Responsibilities of officials |
| **Y9 – half term 5**  **Y9 – half term 6** | Unit 2 Practical Sports Performance  Assignment 3 - Sports Performance Review | For learning aim C, you will review your performance in the sports in which you  participated. This review will look at the strengths and areas for development within  your own performance. You will also be encouraged to consider plans to develop your performance within the selected sports.  For learning aim C, you will review your performance in the sports in which you  participated. This review will look at the strengths and areas for development within  your own performance. You will also be encouraged to consider plans to develop your performance within the selected sports. | **Topic C.1 Observation checklist**  For example, to review performance in selected sports using video analysis:  ● components of physical fitness  ● technical demands of sport (skills and techniques)  ● production of a checklist suitable for self-analysis of performance in selected sports  ● § tactical demands of sport.  **Topic C.2 Review performance**  ● Strengths and areas for improvement: components of fitness, skills and techniques,  specific to the sport and non-specific, e.g. fitness.  ● Self-analysis: completion of observation checklist, e.g. use of video.  ● Strengths and areas for improvement: tactics, the effectiveness of decision making.  ● Activities to improve performance (short-term and long-term goals): e.g. training  programmes, use of technology, attending courses, where to seek help and advice. |