

# Secondary School Survival Guide



# Welcome!

If you're looking for tips on how to survive secondary school, you've come to the right place! And don't worry, we're the experts.

We know this past year has been really strange and transitioning from primary to secondary school is quite daunting, so that's why we're here. As previous survivors of Year 7, we know what it's like to wander around, completely lost, timetable in hand. But never fear, we found our way around eventually.

So, sit back, relax, and prepare. This will answer questions you didn't even know you had, and if it doesn't answer some of your questions, you'll know where to find us.



# Before The First Day

Preparing is the first key step. Unsure about what you need to remember? Look no further:

- Pack your bag in advance! Don't forget pens, pencils, a calculator, a geometry set etc. You'll need them!
- Plan your route to school. If you get the bus, learn where your stop is and what time you need to leave the house. If you walk, make sure you learn your way.
- If you have any friends, who are also going to Carr Hill, talk to them! Having someone you know also going through the same things makes it seem less scary.



# At School

Congrats! You've made it to school. What now?

- Don't worry about getting lost! It happens to everybody. Simply ask a teacher/older student, and they'll be happy to point you in the right direction.
- Slow down! You don't have to run everywhere. The canteen will still have lunch for you even if you walk.
- Make sure your phone is turned off. You don't want it ringing in the middle of class!
- Don't lose your timetable! This is one of the most important pieces of school equipment and should be kept very safe.



# After School

So, you've managed to survive the day. What comes next?

- Carr Hill has many extra-curriculars you could take part in. From homework club to various sporting societies, there's something for everyone!
- Homework may not be the most fun activity, but it is important! Getting homework out of the way as soon as possible leaves you to do more fun things later in the week.
- Pack your bag the night before! Mornings can sometimes be a rush, so take 10 minutes before you go to sleep to pack your bag, being careful to not forget anything. Especially PE kits and Food Tech supplies!



This guide was brought to you by the Head Students of Carr Hill, veteran school survivors.

We hope you found our guide useful and if you have any further questions, please don't hesitate to ask us.

We look forward to meeting all of you and aiding in your transition to secondary school. We can't promise it will be easy all the time, but we're here! We are living proof that it's possible to survive scary Year 7.

See you in September!

Fin, Paighton, Edward, Katie, Josh and Olivia





Fin Paighton



Olivia, Josh, Fin, Paighton, Katie, Edward

