

<u>Timeline</u>	<u>Topic</u>	Key concepts and knowledge	Skills	<u>Rationale</u>
			development	
Y8 - half term 1	Lesson 1	Reflect on learning in PSHE in	Judgement	This is the first of
		Year 7	Debating Skills	a series of five
	Why is PSHE important? Recap		Personal values	key stage 3
	on what is PSHE	Hand out new exercise books	Skills to	lessons exploring
		Discuss importance of PSHE	keep safe	mental health
		and recap and familiarise the	Citizenship	and emotional
		key themes within PSHE	SMSC	wellbeing. This
	Mental Health			first lesson builds
		By the end of the lesson,		on the mental
	Lesson 2	students will be able to:		health and
				emotional
	Attitudes to Mental Health	evaluate the links between		wellbeing work
		mental health and physical		completed in key
		health		stage 2. The
				lesson addresses
		identify common		misconceptions
		misconceptions about mental		about, and
		health		examines
		recognise and challenge		attitudes
		prejudice and discriminatory		towards, mental
		language and behaviour, in		health
		relation to mental health		
	Lesson3	By the end of the lesson,		
		students will be able to:		
	Promoting Emotional			
	Wellbeing	explain the factors that affect		
		emotional wellbeing		
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	identify ways to promote emotional wellbeing and build resilience reframe and learn from disappointments and setbacks	
	BRITISH VALUES	
Lesson 4 British Values	Human Rights (LIBERTY) Community Cohesion (RULE OF LAW) Voting age in the UK (DEMOCRACY) Should prisoners get the right to vote? (RULE OF LAW) Refugees in Britain (RESPECT and TOLERANCE)	Teaching British values to
	Raising awareness of learning disabilities and autism	children improves their spiritual, moral social, and cultural (SMSC)
	Identify some of the basic	development.
	rights.	The British values
Lesson 5	Identify and categorise some	underpin what it
<u>Human Rights</u>	of the main causes of wars	is to be a British
		citizen in what is



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	Express an opinion about if or	a modern and
	when war can be justified.	diverse Britain,
		and promote
		moral and
		cultural
		understanding
		that celebrates
	Say what the current voting	the diversity of
	· ·	the UK
Lacasa C	age is in England.	the ok
Lesson 6	Consider arguments for and	
The Rule of Law	against lowering the voting	
The voting age in England	age in England.	
	Express your opinions as part	
	of a structured debate.	
		Young people
		need to
		understand
		equality and
		know their rights,
		to understand
	Define her destruction	both how they
	Define what a 'refugee' is.	should be
	Identify some reasons why	treated, and how
Lesson 7	people leave their homes.	they should treat
Refugees in Britiain	Explain how it might feel to be	others. Teaching
	'displaced'.	these
Additional input on Oracy		topics creates a
,		safe place for
Why are good communication		students to
skills so important?		explore, discuss,
Samo so importante		challenge and
DIVI Oracy Lessans:		form their own
PIXL Oracy Lessons:		TOTTIL CHEIF OWN



	Rhetorical Devices Content Clarifying and Summarising Audience and Awareness Self-regulation Listening and Responding Zumos - Welcome!			Children are taught that it is important to have rules, to ensure fairness and safety for everyone. They are encouraged to participate in establishing and setting their class rules. They know that they are expected to abide by the rules within school, and that there may be sanctions if they do not do so
				· ·
Y8 – half term 2	Relationships and sex education	Our classroom rules and why we need them to succeed	Personal wellbeing and confident	A series of lessons that focus on both
	Lesson 1 Positive relationships	Learning objectives Pupils will be learning about:	Skills to	empowering and supporting young



It's Not OK	what the features of a positive	keep safe.	people as they
TO HOLOK	relationship are how to get	Listening skills	develop
	support if they find themselves	Communication	relationships. This
	in a negative relationship	skills	lesson explores
	how we can challenge or resist	Discussion	the concerns
	thoughts and behaviours that	Skills	raised by sexual
	are harmful.	Skiiis	bullying, in all its
			forms and
			empowers pupils
	Learning objectives		with ways to
Lesson 2	Pupils will be learning about:		manage, resist or
	identifying what a positive and		challenge it.
Mikey's Story	negative emotion is and how		J
	to cope with them sexting		
	potential risks when gaming		
	online		
			Supporting
			students to speak
			to a trusted adult,
			and report
			concerns, is more
	Learning objectives		important than
Lesson 3	Pupils will be learning about:		ever, with young
Lee-Anne's Story	the importance of esafety		people having
	the term grooming and how to		experienced a
	recognise the signs of potential		range of
	situations		challenges at
	of grooming and ways to		home during the
	prevent it happening		recent .
	relationship boundaries		coronavirus
			pandemic and
	Learning objectives		resulting



Lesson 4	Pupils will be learning about:	lockdown
Harry's Story	the dangers of sexting	restrictions.
	the role of a bystander and its	These lessons
	potential negative impacts	therefore support
	responding to concerns.	schools in their
		recovery
		approach to this
	Students can explain what	academic
	sexual bullying is and suggest	year (2021-22).
Lesson 5	reasons why it occurs	
Inappropriate sexualised		
behaviour	Students can explain and	
	demonstrate techniques for	
	challenging inappropriate	
	sexual behaviour and explain	
	why it is unacceptable	
	Students can explain when and	
	how to access support around	
	sexual bullying for myself and	
	others	
	Students can identify the ways	
	young people feel pressure to	
Lesson 6	share explicit images	
Sharing sexualised images		
	Students can demonstrate or	
	explain techniques to avoid	This is the fifth in
	sharing sexual images	a series of six
		lessons that focus
	Students can explain the	on both
	consequences of sharing	



I	ı	proper and proper at	
		explicit images, including the	empowering and
		legal, emotional and social	supporting young
		effects	people as they
			develop
		Students can describe or	relationships. This
		demonstrate how to manage	lesson is focused
Les	sson 7	the risks and how to reject	on sharing explicit
rela	lationships	unwanted requests to share	images,
		sexual images	sometimes
			referred to as
			sexting or sending
			nudes,
		To explore myths	and it gives young
		around getting	people the
		pregnant	knowledge and
		To raise awareness of	the skills to
		STI's	keep safe.
		To raise awareness of	жеер баге.
		the age of sexual	
		consent	Staying safe
		To know where a	online
		person can get advice	Offilitie
		and support	
		and support	
		Introducing Domestic Abuse	
		and Violence (PSHE Quality	
		Assured Resource from	
		Women's Aid)	
		women's Aluj	
		Resources are taken from	
		National Online Safety and	
		CEOP resources.	
		CLOT TESOUTES.	



		'Somethings nor right'		
		KS3 Home Office Resource		
Y8 – half term 3	Living in a wider world	Money Management	Life Skills Financial	lessons linked to careers and
	Lesson 1	Financial Awareness	awareness	future aspirations
	Recognising your money		Money skills	'
	personality	Finance – What is income and	Money	
		expenditure?	management	
	Lesson 2			
	Value for money	Reading payslips		
	Lesson 3	Why do we pay tax and how is		
	Next steps in your financial	this spent?		
	journey			
	Lesson 4			
	Dealing with financial			
	dilemmas			
	Lesson 5	Being aware of fraud and		
	Understanding Fraud	scams		
	Lesson 6	Understand the different		
	Borrowing Money	types of borrowing		
	Lesson 7	What is a budget?		
	What is a budget?	Success Criteria		
		Define the word 'budget'.		
		Understand the difference		
		between 'credit' and 'debit'.		



	Careers	Start Profile introduction,		
Y8 – half term 4	Carcers	1		
		registration and learning		
		modules to be completed over		
		the next 3 weeks (4 lessons)		
	Lesson 5	Understanding careers, LMI		
	Jobs of the Future	and future aspirations		
	Jobs of the ruture	Identifying learning strengths		
		, , , , , , , , , , , , , , , , , , , ,		
		and setting goals as part of the		
VO 1 16: -		GCSE options process	5 1 6 .	5 · I·
Y8 – half term 5	Health and wellbeing	Alcohol	Personal safety	Providing age-
	Drug Education	Drug Misuse and managing	Staying safe	appropriate
		peer influence		knowledge about
	Lesson 1	assess and evaluate their prior		substance use
	Understanding drugs	knowledge, beliefs and		and the
		attitudes regarding substance		understanding
		use		and skills to
				manage
		describe the effects of caffeine		influences young
		consumption		people
		explain the risks associated		experience in
		with caffeine consumption		relation to
		evaluate strategies to reduce		tobacco, alcohol
		caffeine consumption		and other drugs.
	Lesson 2			This lesson
	Tobacco and e-vaping risks and	identify a range of risks related		introduces
	effects	to tobacco and e-cigarette use		concepts of
				substance use
		analyse a range of potential		through a focus
		influences on young people to		on the risks and
		smoke		effects of caffeine
				consumption.
ı				



	Lesson 3 Alcohol Lesson 4 Alcohol	demonstrate strategies for managing peer influence in situations involving tobacco and e cigarettes/vapes		
	Lesson 5 Smashed Online Virtual Performance	Personal safety Educational theatre performance		
Y8 – half term 6	Citizenship and British Values Lessons 1 -2	How can we prevent radicalisation and extremism? • Who are the different extremist groups? • Cults, religions and their leaders • How can religious leaders be dangerous? • Islam and Sharia Law — what do Muslims really think? • What is religious discrimination and why does it still happen?	Citizenship SMSC Cultural capital Tolerance Morality	British Values



		 Why is xenophobia, racism and extreme nationalism so dangerous to Britain? 		
Persona	al Wellbeing	Learn CPR	First Aid skills Personal Safety	
First aid	I	Learn Child CPR Learn The Recovery Position	Citizenship	
Lesson : Introdu	3 ction to First Aid			
Lesson				
Lesson	5			
CPR				
Lesson (AED	6			