

<u>Timeline</u>	<u>Topic</u>	Key concepts and knowledge	Skills development	<u>Rationale</u>
Y11 - half	Mental Health	Zumos - Welcome!	Coping skills	Year 11 have already
term 1			Resilience	completed lessons on 'what is
		Promoting self-esteem and		emotional health' so there
	Baseline assessment	coping with exam stress	Personal wellbeing	should be a need to recover
	and Pupil Voice	Learning and revision skills to	Relationship skills	this introductory lesson. If
		maximise potential	Relationship skins	they still need clarification
	Lesson 1			you could deliver the above
	PSHE topic recap and	Learn the importance of		linked lesson as a recap
	My Future	promoting self-esteem and		
	questionnaire	strategies to cope with exam		
		stress		
		Learn revision skills to maximise		
		potential		
	Lesson 2	In this lesson we will learn:		
	What is emotional	what emotional health		
	Health	means how emotional		
		health and physical health		
		are linked.		
	Lesson 3	In this lesson we will learn:		
	Building Resilience	that there are a range of		
		coping strategies that can		
		be helpful to understand		
		that everyone experiences		
		difficult times and feelings		
		that resilience is about working		
		through challenging times		



.esson 4 British Values	Individual Liberty Mutual respect Tolerance and Respect of other faiths and beliefs Democracy The Rule of Law
esson 5 Anger Management	In this lesson we will learn: that aggression and frustration are linked to understand some causes of frustration to recognise our own feelings and respond to them appropriately.
esson 6 Take News	 Discuss examples of disinformation spread online Define the term 'fake news' and discuss the quantity of fake news available online Identify why fake news exists and who creates it
Mental Health Zumos	 Discuss ways of identifying fake news and other forms of disinformation



Y11 – half	Careers and next		Career choice, including both
term 2	Steps into FE/HE		the type of career an individual wishes to pursue
	Lesson 1		and the organisations they
	Options at 16+	A-Levels	choose to work with, is one of
		Apprenticeships	many ways they can act upon
		Vocational	their values. An individual's
		Qualifications including	values can also affect their
		T-Levels	decisions around their
		Foundation Learning Work on Voluntary Work	relationships and consumer
		Work or Voluntary Work	choices.
	Lesson 2	Students will be able to:	
	Growing careers for	explain how holding	
	positive actions	and acting in line with	
		intrinsic and extrinsic values can affect	
		wellbeing.	
		evaluate how a person's	
		values impact their	
		actions and goals.	
	1	Contract When the co	
	Lesson 3 Making a difference	Students will be able to: • explain how and why	
	iviaking a uniterence	individuals select	
		organisations to work	
		with that align with	
		their values.	
		explain how people's career	
		choices can help make a	



	difference to things that matter	
	to them	
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Lesson 4		
Interviews	D Clate	
	Purpose of Interview	
	Types of Interviews	
	Preparation before the	
	interview	
	know yourself, position	
	and the company	
	Skills and Techniques	
	Mistakes to Avoid	
	• Summary	
Lesson 5		
CV workshop	Understand what	
	employers are looking	
	for	
	Identify what needs to	
	be included in a 'good'	
	CV	
	Be able to apply	
	understanding of how to	
	write a CV to create	
	your own	
	Create a professional	
	email address	
Lesson 6		
Creative career	Understand what is	
	meant by the term	
	'Creative Industries'	
	Creative maustries	



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	Be familiar with the 12
	sub-sectors and the
	range of different
	opportunities
	Have reflected on what
	holds people back from
	entering the creative
	industries
	Discovered the
	difference between
	being self-employed and
	being employed
Lesson 7	
How to write an	How to write personal
effective personal	statement for college
statement	Student Room
	How to update their CV
	Learn to write an effective
	personal statemen
	To understand the college
	application process
	Understanding the college
	application process and plans
	beyond school
	Explore UCAS/UNI/HE
	Learn to navigate courses via
	UCAS
	Learn about the apprenticeships
	on offer locally and nationally
1	on one recent and recently



Apprenticeships Signposting to Carr Hill Website One-to-One Careers interviews and guidance with Hayley Arthur (Careers Advisor) College Visits Complete college applications Speed networking with employers Mock interviews with employers Mock interviews with employers Moving on from school – The World of Work. What are the big financial Capability Lesson 1 Apprenticeships Next Steps after school Lesson 2 Student Finance Lesson 3 Payslips Payslips Payslips Payslips Payslips Payslips Tax and National Insurance Lesson 4 Self-employment Lesson 5 Income tax and Extension work 'Further Your Extension work 'Further Your			
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Financial Capability Lesson 1			Complete college applications Speed networking with employers
Financial Capability Lesson 1	Y11 – half	Living in a wider world	Moving on from school – The
big financial decisions I'll need to make? Apprenticeships Next Steps after school Apprenticeships and employment University and student finance Lesson 3 Payslips Payslips Tax and National Insurance Lesson 4 Self employment Self-employed Income Tax and Pensions Lesson 5 Income tax and Extension work 'Further Your		_	
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			Extension work 'Further Your
<u>pensions</u> Knowledge		·	
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Vad IIII	Lesson 6 National Apprenticeships Week	Barclays Life Skills for employment and career progression		
Y11 – half term 4	Relationships and Sex Education Lesson 1 Relationship Abuse Lesson 2 Consent	To learn: how to identify relationship abuse how to access support Learning outcomes Students will be able to: explain what is meant by 'relationship abuse' identify the different types of abuse that can affect relationships describe ways to get help with relationship abuse Objective To learn: what we mean by 'consent' how and where to access support with issues around consent Learning outcomes	Personal wellbeing Relationship skills	Supporting students to speak to a trusted adult, and report concerns, is more important than ever, with young people having experienced a range of challenges at home during the recent coronavirus pandemic and resulting lockdown restrictions. These lessons therefore support schools in their recovery approach to this academic year (2022-23).



	Students will be able to: explain what is meant by 'consent', and what this means within healthy relationships explain some consequences of someone not receiving consent for sexual behaviour within a relationship describe how and from where to access support, and how to support a friend who may be experiencing abuse
Lesson 3 Sharing Sexual Images	Objective To learn: the risks associated with sharing sexual images ways to manage pressure to share sexual images
	Learning outcomes Students will be able to: describe some of the risks in relation to sharing sexual images explain the implications, including legal implications, of sending or forwarding sexual
	sending or forwarding sexual images explain how and from where to get help if someone I know is being pressured to send or share inappropriate images



Lesson 4 Family Life Long Term Commitment Lesson 5	KS4 Family Life 3 lessons Understanding different families and learning parenting skills. This lesson seeks to help young people develop their understanding of long term commitments, how to make these legally binding and the unacceptability of forced marriage. This lesson seeks to help young people develop their	Family life and the nature of relationships has changed dramatically over the past few decades. According to the Office for National Statistics (ONS), the number of same-sex couple families has grown by more than 50% since 2015 and the number of cohabiting couple families has grown faster than married couple families, with an increase of 25.8% between 2008 and 2018. With this in mind, it is important that
The Legal Status of marriage	understanding of the legal rights of different long term commitments and how attitudes towards marriage may vary.	young people recognise that relationships and families come in many forms and understand that different types of relationships have different legal status in the UK. Additionally, it is important that students understand that marriage is a
Lesson 6	This lesson seeks to help young people develop their	choice to be made only by them and that forcing
Parenting	understanding of the responsibilities of being a parent and the challenges parents may	someone to marry is illegal.
Lesson 7	face with regards to raising children.	



Sexual harassment	My Values
video BBC Teach	iviy values
Video BBC Teach	Lean identify core values and
	I can identify core values and
	explain how they help someone
	to make and stick to their
	decisions
	I can identify and describe
	coercive or manipulative
	attempts to influence
	someone's decision making
	I can explain what it means for
	an individual and a couple to be
	ready for sexual intimacy
	I can explain or demonstrate
	how to communicate decisions
	assertively and confidently
	of forced
	marriage and
	identify support
	for someone
	who may be at
	risk
	Focus on
	recognising abuse, where young
	people can go for help, and
	overcoming barriers to
	reporting
	Teporting



Y11 – half	Next Steps	Students will be able to:	It is important to learn about
term 5	Living in a Wider	identify the range of	managing the challenges
	World	opportunities and challenges	some young people might face as they move from key
		young people might encounter as they move to college/sixth	stage 4 to the next stage of
	Lesson 1	form.	their lives.
	Transition life after	Explain strategies to help	
	KS4	manage these challenges.	Finishing Year 11 can be an
		Analyse sources of support and	exciting experience, but it
		personal networks of support.	might also come with some
			worries
	Lesson 2-6	The importance of diversity in society	
	Diversity Week		
	Revisit Mental Health		
	and Coping Strategies		
	Exam/Revision		